



The Manager's Toolbox

Recognizing signs of team members in distress and how to respond



Managers play a critical role in shaping workplace culture and supporting the mental health of their teams. In this interactive session, you'll gain practical tools and real-world strategies to better support your employees—while respecting boundaries and staying grounded in your role.

What You'll Learn

- How to recognize signs of distress in team members
- What to say (and what not to say)
- How to offer support while maintaining professional boundaries
- Easy ways to proactively promote team wellbeing

This training is designed to empower managers with the awareness and confidence to respond with care, clarity and compassion.

When

Tuesday, September 30th

2-3:30pm

Where

Government and Justice
Building – Room B/C
1301 2nd Ave
Conway, SC 29526



HC Government

**Register on the HC Cafe under
Events Registration**